

Physical Therapist Skills Checklist

This assessment is for determining your experience in the below outlined clinical areas. This checklist will not be used as a determining factor in accepting your application to become an employee of Freedom HCS.

PROFICIENCY SCALE

1. No Experience 2. Need Training
3. Able to perform with supervision 4. Able to perform independently

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Modalities					Ortho				
Biofeedback					Arthritis Programs				
Continuous Passive Motion Machine					Back Syndrome				
Cryotherapy					Gait Training				
Ergometer					Hand Injury				
Fluidotherapy					Hip Fractures				
Hot/Cold Packs					Mobilization Techniques				
Hubbard Tank					Neck Injuries				
Massage Therapy					TMJ Dysfunction				
Muscle Stimulation					Total Hip/Total Knee				
Myofascial Release Technique					Total Joint Replacement				
Neuromuscular Reeducation									
Paraffin					Pediatrics				
Sterilization Technique					Adaptive Equipment Assessment				
TENS					Cerebral Palsy				
Traction - Cervical					Developmental Disability Sequencing Test				
Traction - Lumbar					Early Intervention				
Ultrasound					Learning Disabilities				
Whirlpool					NDT Bobath Testing				
Wound Dressing/Debridement					NICU Treatment				
					Orthotics				
Neuro									
Cerebral Vascular Accident					Prosthetics & Orthotics				
Coma Patients					AK Prosthetics				
Head Trauma					Amputees				
Parkinson's Disease					Ankle/Foot Orthosis				
Spinal Cord Injury					BK Prosthetics				
Traumatic Brain Injury					Bracing/Joint Immobilization				
					Dynamic Splinting				
Sports Medicine					Orthoplast				
Biodex					Resting Splints				
Cybex					Serial/Inhibitor Casting				
Lido					Static Splinting				
Nautilus/Eagle					UE Prosthetics				
Orthotrom/Kinetron									
Strength & Endurance Training					Other				
					AIDS Patients				
					Burn Management				
					Cardiac Rehabilitation				

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Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Work Settings					Chest Physiotherapy				
Acute Rehab Hospital					Function Capacity Evaluation				
General Acute Care					Geriatrics				
Home Health					Inservice Education				
Nursing Home					Manual Therapy				
Outpatient Clinic					Medicare "A" Documentation				
Pediatric Rehab					Medicare "B" Documentation				
Rehab Unit in a Hospital					Neonatology				
School System					Pain Management				
					Physical Capacity				
					Pre-Employment Testing				
					Pulmonary Rehab				
					Work Capacity				
					Work Hardening				

Age Specific Competency

Able to ensure a safe and caring environment for the specific age groups indicated below; able to communicate and instruct patients from various age groups; able to evaluate age-appropriate behavior and skills.

PROFICIENCY SCALE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days-1 yrs)				
Toddler (1-3 yrs)				
Preschooler (3-5 yrs)				
School Age (5-12 yrs)				
Adolescents (12-18 yrs)				
Young Adults (18-39 yrs)				
Middle Adults (39-64 yrs)				
Older Adults (64 yrs +)				

The information represented above is true and correct to the best of my knowledge. I also authorize **Freedom** Healthcare Staffing to share the above skills checklist with its hospital clients.

Signature _____

Date _____

Name (Printed) _____